



“YOUR FUTURE LOOKS BEAUTIFUL”

SHORT PART TIME COURSES 2010 / 2011

The part time courses presented at the International Academy, offer a number of options to accommodate those with a busy schedule. These short courses offer the student the opportunity and flexibility to study at their own pace and time within the allowed timeframe.

Students can either add to their existing qualification or launch a totally new career. Classes are held on weekdays, evenings and Saturdays. All courses cover theory and practical components, and are presented by well established, qualified and experienced lecturers.

BEAUTY THERAPY / AESTHETICIENNE

COURSE NUMBER	CURRICULUM OUTLINE	PRICE / TIME
Course 1 Manual Facials	<ul style="list-style-type: none"> • Anatomy and Physiology • Cleansing and Exfoliation • Skin Analysis • Massage • Masks • Brow Shaping • Extraction • Lash and brow tint 	Hours : 100 Max Time : 6 Months Tuition Cost : R 6500.00 Kit Cost : R 2700.00
Course 2 Facial Electrical Treatments <i>(Course 1 required)</i>	<ul style="list-style-type: none"> • Machine treatments used during a facial • High Frequency • Galvanic • Vacuum Suction • Faradic • Micro - Current 	Hours : 75 Max Time : 4 Months Tuition Cost : R 3500.00
Course 3 Basic Make – Up	<ul style="list-style-type: none"> • Cleansing • Skin Type Identification • Corrective Make – Up • Evening Make – Up • Bridal Make – Up • Day Make - Up • Eyebrow Shaping 	Hours : 75 Max Time : 4 Months Tuition Cost : R 3750.00 Kit Cost : R 3500.00
Course 4 Manicure and Pedicure	<ul style="list-style-type: none"> • Hand and Foot Care • Hand and Foot Massage • Anatomy and Physiology Theory • Nail Shaping • Cuticle Work • Buffing • Painting (including French Manicure) 	Hours : 60 Max Time : 3 Months Tuition Cost : R 1850.00 Kit Cost : R 995.00
Course 5 Waxing	<ul style="list-style-type: none"> • Hot and Strip Waxing • Methods of temporary hair removal. 	Hours : 60 Max Time : 3 Months Tuition Cost : R 2500.00 Kit Cost : R 2300.00

Course 6 Hygiene	<ul style="list-style-type: none"> Hygiene in the salon Study of science of preserving health including bacteriology, sterilization and sanitization. 	Hours : N/A Max Time : 2 Months Tuition Cost : R 550.00
Course 7 Natural Science / Basic Chemistry / Cosmetic Science	<ul style="list-style-type: none"> The basic study of chemistry and electricity providing the therapist with good working knowledge of the ingredients and properties of cosmetic products as well as knowledge of all electrical treatments. 	Hours : N/A Max Time : 3 Months Tuition Cost : R 1200.00
Course 8 Business Studies	<ul style="list-style-type: none"> The understanding of business economics, office practice setting up of salon, design and staff management. 	Hours : N/A Max Time : 4 Months Tuition Cost : R 550.00
TOTAL BEAUTY CARE (Aestheticienne)	<ul style="list-style-type: none"> Enrollment for Short Course 1 - 8 	Kit Cost : R16320.00 Tuition Cost : R 9495.00

COURSE NUMBER	CURRICULUM OUTLINE	PRICE / TIME
Course 9 Anatomy and Physiology	<ul style="list-style-type: none"> The in depth study of all the systems of the body 	Max Time : 6 Months Tuition Cost : R 2500.00
Course 10 Swedish Massage <i>(Course 9 Required)</i>	<ul style="list-style-type: none"> Manipulation of the soft tissue of the body manually to produce effects on the vascular, muscular and nervous system 	Hours : 100 Max Time : 6 Months Tuition Cost : R 3500.00
Course 11 Body Electro Therapy	<ul style="list-style-type: none"> To regain better shape, health and well-being by using the listed specified body machines. Galvanic Vacuum suction Faradic G5 	Hours : 100 Max Time : 6 Months Tuition Cost : R 3500.00
Course 12 Exercise Therapy <i>(Theoretical Subject)</i>	<ul style="list-style-type: none"> The theory of exercise, including fitness assessment of basic understanding of body movement. 	Hours : 60 Max Time : 2 Months Tuition Cost : R 550.00
Course 13 Nutrition	<ul style="list-style-type: none"> The fundamental requirements needed to enable the beauty therapist to council the client with regards to such matters as weight reduction and diet as an aid to health and well being. 	Hours : 60 Max Time : 4 Months Tuition Cost : R 550.00
TOTAL BODY CARE (Physiatics)	<ul style="list-style-type: none"> Enrollment for Short Course 9 - 13 	Hours : 60 Max Time : 12 Months Tuition Cost : R 8480.00

BODY THERAPY / PHYSIATRICS

COMPLIMENTARY THERAPIES

COURSE NUMBER	CURRICULUM OUTLINE	PRICE / TIME
Course 14 Aromatherapy <i>(Course 9 required)</i>	<ul style="list-style-type: none"> Essential oils and their uses, blending, storing, contra indications, special massage techniques and psychological effects. 	Hours : 180 Max Time : 12 Months Tuition Cost : R 4000.00 Kit Cost : R 2800.00

Course 15 Reflexology (<i>Course 9 required</i>)	<ul style="list-style-type: none"> Complementary therapy that works on the feet, enabling the body to heal itself. 	Hours : 100 Max Time : 6 Months Tuition Cost : R 2800.00
Course 16 Commercial / Media Make – Up (<i>Course 3 required</i>)	<ul style="list-style-type: none"> Media, theory, commercial Make-up, includes day and evening make-up, bridal and stage make-up 	Hours : 75 Max Time : 4 Months Tuition Cost : R 3750.00 Kit Cost: R 3500.00
Course 17 Shiatsu (<i>Course 9 required</i>)	<ul style="list-style-type: none"> A physical massage therapy that involves pressure on the acupuncture points in order to balance the body's energy. 	Hours : 75 Max Time : 4 Months Tuition Cost : R 3000.00
Course 18 Manual lymphatic drainage (<i>Course 9 required</i>)	<ul style="list-style-type: none"> A specialized massage sequence to improve lymphatic drainage, and strengthen the immune system. 	Hours : 75 Max Time : 4 Months Tuition Cost : R 2800.00
Course 19 Holistic Head Massage	<ul style="list-style-type: none"> Relaxing head massage designed to improve the condition of scalp and hair 	Hours : 30 Max Time : 2 Months Tuition Cost : R 1750.00
Course 20 Epilation	<ul style="list-style-type: none"> The Practice and theory of the permanent method of hair removal 	Hours : 200 Max Time : 12 Months Tuition Cost : R 3000.00 Kit Cost : R 5500.00
Course 21 Permanent Eye and Lip Colour (<i>Course 20 required</i>)	<ul style="list-style-type: none"> The implanting of colour within the dermis permanently using a double coil tattoo machine. 	Hours : 75 Max Time : 4 Months Tuition Cost : R 5000.00 Kit Cost : R 7500.00
Course 22 Hot Stone Massage (<i>Course 9,10 required</i>)	<ul style="list-style-type: none"> A relaxing massage utilizing hot stones 	Hours : 60 Max Time : 3 Months Tuition Cost : R 2500.00 Kit Cost: R 3300.00
Course 23 Thai Massage (<i>Course 9 required</i>)	<ul style="list-style-type: none"> Uses acupuncture and yoga techniques to perform a massage treatment that improves spinal and skeletal alignment and increase energy 	Hours : 100 Max Time : 6 Months Tuition Cost : R 4000.00
Course 24 Lomi – Lomi Massage (Also known as <i>Kahuna Massages</i>) (<i>Course 9 required</i>)	<ul style="list-style-type: none"> A rhythmical massage technique which was developed in Hawaii using thumbs, palms and forearms to loosen tissues and reduce tension in order to relax 	Hours : 60 Max Time : 3 Months Tuition Cost : R 3000.00
Course 25 Deep Tissue Massage (Also known as <i>Sports Massage</i>) (<i>Course 9,10 required</i>)	<ul style="list-style-type: none"> This is a bodywork technique in which the intention is to release chronic muscle tension and knots in the deeper tissue structure of muscle and fascia 	Hours : 60 Max Time : 3 Months Tuition Cost : R 3500.00
Course 26 Pregnancy and Infant Massage (<i>Course 14 required</i>)	<ul style="list-style-type: none"> A gentle form of massage specially attuned to the needs of a pregnant woman and infants. 	Hours : 60 Max Time : 3 Months Tuition Cost : R 2500.00
Course 27 Variable Pulse Light (VPL) (<i>Course 1,2,6,7,8,9 required</i>)	<ul style="list-style-type: none"> Variable pulsed light (VPL) or flashlamp therapy is a non-invasive and non-ablative treatment that uses high intensity pulses of visible light to improve the appearance of the following skin problems 	Hours : 100 Max Time : 6 Months Tuition Cost : R 5000.00 Kit Cost : R 1000.00

Course 28 Microdermabrasion (MDA) <i>(Course 1,2,6,7,8 required)</i>	<ul style="list-style-type: none"> An intensive exfoliation process that rejuvenates the skin by utilizing ultra-fine aluminium oxide crystals 	Hours : 40 Max Time : 2 Months Tuition Cost : R 3000.00 Kit Cost : R 1500.00
Course 29 Spray and Manual Tanning	<ul style="list-style-type: none"> Sunless tanning manual application Airbrushing 	Hours : 10 Manual Applications 10 Spray Applications Max Time : 2 Months Tuition Cost : R 3500.00 Kit Cost : R 1500.00
Course 30 <u>Nail Extensions</u> 1.GEL 2.ACRYLIC 3.FIBRE AND SILK 4. MANICURES	<ul style="list-style-type: none"> Artificial nails that are fixed on top of the natural nail. And as and when the base nail grows out, the gap is filled with the artificial nail material 	Max Time : 4 Months Tuition Cost : R 5700.00 Kit Cost : R 2200.00
Course 31 Eye Lash Extensions	<ul style="list-style-type: none"> Artificial lashes are fixed on top of the natural lashes, allowing for a fuller, more defined & lengthened set of eye lashes. 	Max Time: 2 Months Tuition Cost: R2500.00 Kit Cost: R1000.00
<u>SPLIT SHORT COURSES</u> Manicures <i>(Split from Course 4)</i>	<ul style="list-style-type: none"> Those who want to enroll for Short Course 31, needs the basic understanding of: <ul style="list-style-type: none"> Hand Care Hand Massage Anatomy and Physiology Theory Nail Shaping Cuticle Work Buffing Painting 	Tuition Cost : R 1200.00 Kit Cost : R 900.00
Holistic Honours Certificate	<ul style="list-style-type: none"> Anatomy and Physiology Nutrition Swedish Massage Aromatherapy Reflexology Shiatsu Manual Lymphatic Drainage Massage 	Tuition Cost : R15320.00 Kit Cost : R 2800.00
Spa Therapy Certificate	<u>Spa Theories Practical</u> 1. Dry body brushing 2. Manual Exfoliation 3. Body Wraps 4. Clay 5. Seaweed 6. Hydrating and mud <ul style="list-style-type: none"> Spa Management Theory Spa Therapies Theory Retail and Sales Theory <u>Plus any two of the following treatments:</u> <ul style="list-style-type: none"> Reflexology (Course 15) Shiatsu 	<u>Spa Therapy Certificate</u> Tuition Cost : R 10000.00 Kit Cost : R 5300.00 (includes towels)

	<p>(Course 17)</p> <ul style="list-style-type: none"> Lomi Lomi Massage <p>(Course 24)</p> <ul style="list-style-type: none"> Thai Massage <p>(Course 23)</p>	
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ENROLMENT REQUIREMENTS

The International Academy looks for students who have the ability to succeed in the Beauty Industry, with emphasis on good interpersonal and communication skills.

To apply, complete an application form and return it to the campus of your choice.

Applicants undergo a screening procedure which includes an interview. Successful applicants will be notified in writing within one week of the interview.

FINANCE

All fees are payable upfront before the commencement of the course. No student will be allowed to start their course without full payment of tuition and apparels.

APPAREL COSTS *(All Apparel must be paid before or on the start date)*

NB: All kits to be paid before the commencement of the course

NB: the following are estimated prices and are subject to the supplier's costs and annual increases:

<u>Uniform</u>			
Pants	R	220.00	(Compulsory)
Top with sleeves	R	260.00	(Compulsory)
Tunic	R	175.00	(Compulsory)
Jacket (Ladies)	R	475.00	(Optional)
Jacket (Men)	R	275.00	(Compulsory)
Melton Coat	R	850.00	(Optional)
Badges	R	50.00	(Compulsory)
<u>Towels</u>			
Face Cloth	R	25.00	(1 Required)
Hand Towels	R	70.00	(3 Required)
Bath Towels	R	115.00	(2 Required)
Bath Sheets	R	150.00	(2 Required)

EXTERNAL EXAMINATIONS *(If applicable)*

Due to the fluctuating exchange rate, the final amounts for the external international examinations are not published. Please schedule an appointment with the school principal / Course Lecturer for further detail.

PLEASE NOTE:

- Projects or case studies are required for most modules. Enquire further
- A First Aid Course is required for specific modules and is not included in your class fee.
- R100.00** Internal Examination Rewrite fee is applicable
- External Examination Fee: Price on request.

FURTHER INFORMATION

For more information about our courses or to book for an interview, please contact us at the:
Cape Town Campus on: (021) 421 6661 or **Sandton Campus** on: (011) 883 8033

SHORT COURSE SCHOOL OPERATING TIMES

Day	Cape Town	Sandton
Monday	08:00 am – 17:00 pm	08:00 am – 17:00 pm
Tuesday	10:00 am – 19:00 pm	10:00 am – 19:00 pm
Wednesday	10:00 am – 19:00 pm	08:00 am – 17:00 pm
Thursday	10:00 am – 19:00 pm	10:00 am – 19:00 pm
Friday	08:00 am – 17:00 pm	08:00 am – 17:00 pm
Saturday	08:00 am – 13:00 pm	08:00 am – 13:00 pm