

INTERNATIONAL ACADEMY



HEALTH AND SKINCARE THERAPY

Welcome to International Academy

This prospectus is not only a representation of the programmes we offer, premises and facilities, but more so a look into our history and heritage. When we founded the Academy in **1990** the Industry had very little to offer in professional qualifications and standards for Health and Skincare Practitioners. It has been our lives work using the Academy as our vessel to change that perception. **30 years** later and we have managed to do exactly that.

We are proud to say that we offer exceptional quality education in the Health and Skin Care Industry that leads to world renowned sought-after International Qualifications.

We are proud to say that having the end goal of meaningful employment and International work opportunities in mind, we have positioned the Academy in the Industry to provide just that.

A qualification from the International Academy of Health and Skincare in association with our International Partners will set you apart from any other jobseeker.

We hope you will enjoy paging through this prospectus and it will inspire you to join us in the future.

Maja Grewe
CEO (FOUNDER)



OUR PROMISE TO YOU

Never before have young South Africans been as urgently challenged to initiate their own job opportunities as they are today.

The International Academy of Health and Skin Care seek to answer the pressing need for creating such opportunities by providing professional training and expertise:

- **To provide** effective training in both theory and practice which will equip students for a career in Health and Skin Care.
- **To promote** poise and healthy self-confidence in our students.
- **To develop** student's entrepreneurial skills to enable them to meet the challenges of the open market.
- **To include** a work ethic to provide a pathway for further studies
- **To reach** out to communities by assisting them in their programs for promoting Health and Skin Care.

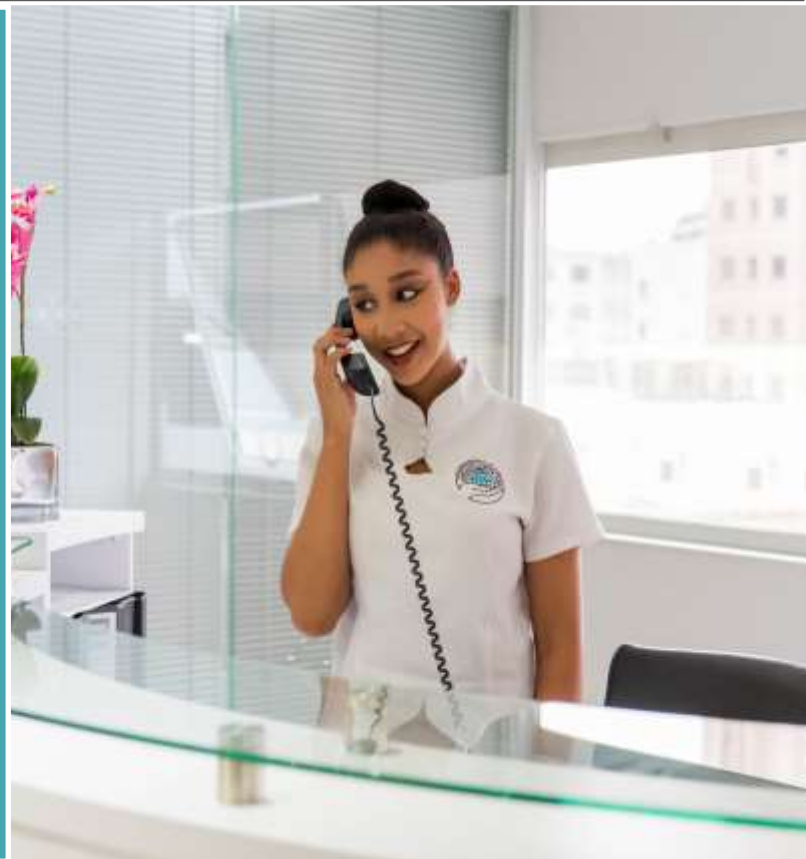


EXPERIENCED
INTERNATIONAL QUALIFICATIONS
TRUSTED
INDUSTRY LEADER

**3850 THERAPISTS ALL OVER THE
WORLD**

**LARGEST PORTFOLIO OF
QUALIFICATIONS**

**IN-HOUSE HEALTH AND SKINCARE
CLINIC FOR PRACTICAL
EXPERIENCE**



SAAHSP MEMBER

CIDESCO SCHOOL SINCE 1992

ITEC ACCREDITED SINCE 1995

**30 YEARS OF EDUCATION
EXCELLENCE**

ABOUT THE ACADEMY



ABOUT THE ACADEMY

With 30 years of experience, International Academy is the leading training institute in Health & Skin Care.

The International Academy opened its doors in Cape Town in **1990** and grew steadily to become one of the largest Health and Skin Care education providers in South Africa, serving not only local but international students as well.

- **From the beginning**, the International Academy of Health and Skin Care owned its flourishing success to:
Providing prestigious qualifications that are recognized globally.
- **Focus on practical** working experience and building confidence within the Health and Skin Care industry.

These days being an Entrepreneur and owning your own business has become more and more important. We will equip you with the necessary skills to set you off in the business world. Employment is available within leisure centres, five- star hotels and cruise liners, with opportunities in management in the health sector or you will be able to open your own business.



ABOUT THE ACADEMY

OUR FACILITIES

The campus houses the following facilities and equipment:

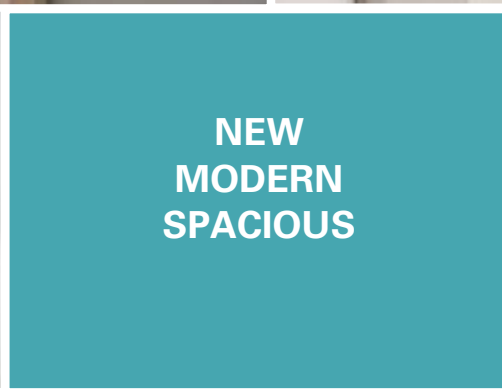
- **5 Fully** Equipped classrooms stocked with 3 different professional product ranges.
- **Electrical Machines** Galvanic High Frequency, G5, Vacuum Suction, Micro-current, Derma Pen, Faradic and many more
- **High Speed Free** Wi-Fi in all areas of the Academy
- **Small Library** containing specific literature for course content
- **Audio Visual Equipment** fitted to each classroom
- **Lockers** for storage of equipment
- **Onsite Parking** (Must be arranged with the Landlord at own cost)

HEALTH AND SKINCARE CLINIC

The clinic provides our students with a **real-life salon and spa environment** where they can practice what they have learned on paying clients whilst supervised by a **dedicated Clinic Manager**.

Hands on training in this environment **sets** our students **apart**, as they will be work ready **immediately after** completing their studies.

The Clinic has **16** Equipped Treatment Rooms. Two dedicated rooms for our amazing water treatment VICHY shower and our Laser Equipment. It is **best practice** for students to complete their required **practical case study** work by performing **treatments** on a **variety** of skin and body types.



HEALTH AND SKINCARE THERAPY



ADMISSION REQUIREMENTS

- National Senior Certificate (NSC) or equivalent with endorsement certifying that you are eligible for Diploma Studies at a Tertiary Institution.
- Fluent in English
- Has to attend a personal Interview session

EXCEPTIONS

- A Higher Certificate or Advanced Certificate in a cognate field will also be considered for admission.
- Applicants from foreign countries are required to have their qualifications verified by the South-African Qualifications Authority (SAQA). For more Information and the application process click on the link below



QUALIFICATION OBJECTIVES

- Apply the relevant occupational health and safety legislation in the health and skin care environment.
- Apply Professional Ethics in client interventions.
- Apply communication skills to provide effective health and skincare treatments.
- Apply knowledge of microbiology, anatomy, physiology, physics, and chemistry during all client interventions.
- Apply knowledge of nutrition, body alignment and movement in client care. '
- Plan, implement and evaluate health and skincare treatments relating to face and body based on a holistic assessment of the client.
- Perform Holistic Massage
- Management Skills
- Provide health and skin care to the border community.

MODE OF INSTRUCTION

Class contact sessions combined with work-integrated learning opportunities to combine theory and real-world practice.

DIPLOMA HEALTH AND SKINCARE THERAPY

QUICK FACTS

DURATION

2 Years

NQF Level 6 (266 Credits)

SAQA ID: 58310

Instruction Language: English

PURPOSE

This qualification will enable the qualifying student to function as a member of a multi-disciplinary team as a multi-skilled Health and Skincare Practitioner. The student will be skilled in visual, tactile, verbal and assessment skills to ascertain the client's body and integumentary needs, in order to analyse the client's state of health and formulate a specific a specific or protocol for the treatment. The main focus is to provide and promote effective skin and body care treatments.

CAREER OPPORTUNITIES

- Working on luxury Cruise Ships while travelling the world
- Exotic Wellness and Health Centres
- Hydro's and spas
- Trainer Cosmetic Companies
- Owner of a Business
- Lecturer
- Working at Large Hotels and Wellness Centres
- Marketing for Health and Skin Care Companies



SYLLABUS

YEAR 1

SUBJECTS

Health and Skincare Therapy, I
Science for Health and Skincare
Therapy I
Anatomy & Physiology I
Art and Make-Up
Communication and Image Projection
Psychology for Health and Skincare
Body Alignment and Movement
Hygiene and Sterilisation
Nutrition
Business Practice
Dermatology
Physics

PRACTICAL MODULES

Manicure & Pedicure
Make-Up
Skincare
Body Therapy
Waxing
Swedish Massage

YEAR 2

SUBJECTS

Health and Skincare Therapy II
Cosmetic Chemistry and Applied
Cosmetology
Applied Anatomy and Physiology
Body Alignment and Movement II
Sales and Marketing Techniques
Aromatherapy
Reflexology
First Aid
Electrical Epilation

PRACTICAL MODULES

Manicure & Pedicure
Make-Up
Skincare Advanced and Specialised
Body Therapy Advanced & Specialised
Facial Electrical
Body Electrical
Aromatherapy
Reflexology
First Aid

VALUE ADDED SUBJECTS (NO ADDITIONAL COSTS) CERTIFIED INDIVIDUALLY

SUBJECTS

Advanced Make-Up Stage and
Photographic
Shiatsu
Manual Lymphatic Drainage
Permanent Make-Up
Introduction to Spa Therapy
Breast Therapy
Aesthetics
Spa Therapy
Salon and Spa Management

PRACTICAL MODULES

Advanced Make-Up
Shiatsu
Manual Lymphatic Drainage
Permanent Make-Up
Breast Therapy
Thai Massage
Treading
Eyelash Extensions
Radio Frequency
VPL Laser
Microdermabrasion
Skin Needling
Spa Therapy
Radio Frequency
Skin Peeling

INTERNATIONAL QUALIFICATIONS



ABOUT CIDESCO

Founded in 1946 in Brussels with the Head Office in Zurich, Switzerland, Comité International d' Esthétique et de Cosmétologie – CIDESCO is the World Standard for Beauty and Spa Therapy.

The CIDESCO syllabus is covered during your studies. You can then choose to complete the CIDESCO Examination at the of Year Two. This Examination has additional costs

ABOUT SAAHSP

SAAHSP is a Non- Profit Organisation serving its members and the Skin, Body, and Nail Care Profession and Industry as the Professional Body in South Africa. SAAHSP is legally constituted to protect the Public Interest in relation to services provided.

The SAAHSP syllabus is covered during your studies. You can then choose to complete the SAAHSP Examination at the of Year Two. This Examination has additional costs.

ABOUT ITEC

ITEC provides leading International Qualifications, specialising in Beauty & Spa Therapy, Hairdressing, Complementary Therapies, Sport & Fitness Training and Customer Service with centres in 39 countries

The ITEC syllabus is covered during your studies. You can then choose to complete the ITEC Examination at the of Year Two. This Examination has additional costs



FOR MORE INFORMATION ON
CIDESCO CLICK HERE

FOR MORE INFORMATION ON
SAAHSP CLICK HERE

FOR MORE INFORMATION ON ITEC
CLICK HERE



OUR STUDENTS PAST AND PRESENT

Raviro Sharon 2015 Graduate

Raviro is currently working as an Aesthetics Practitioner in Dubai. She says she has no regrets and highly recommends the course.

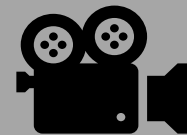
VIDEO TESTIMONY



Leane Marx 2014 Graduate

Leane now owns her own Clinic. She says the qualifications she achieved has opened many doors for her. The Lecturers are great.

VIDEO TESTIMONY



Jessica Smale 2020 2ND YEAR HELATH AND SKINCARE STUDENT

Jessica is from Namibia. Jessica says that the course is very interesting. She believes that after she finishes her course, she will have all the skills needed to be successful.

VIDEO TESTIMONY



VISION AND MISSION

“To create a highly skilled Health and Skincare professional that compares with international standards and is able to create their own job opportunities.”

VISION STATEMENT

“To create a highly skilled Health and Skincare professional that compares with international standards and is able to create their own job opportunities”

It is our goal to implement new procedures and activities during our interventions that will result in education and training quality assurance Mechanisms needed to realize our mission statement, which is documented as:

INTERNATIONAL
ACADEMY

MISSION STATEMENT

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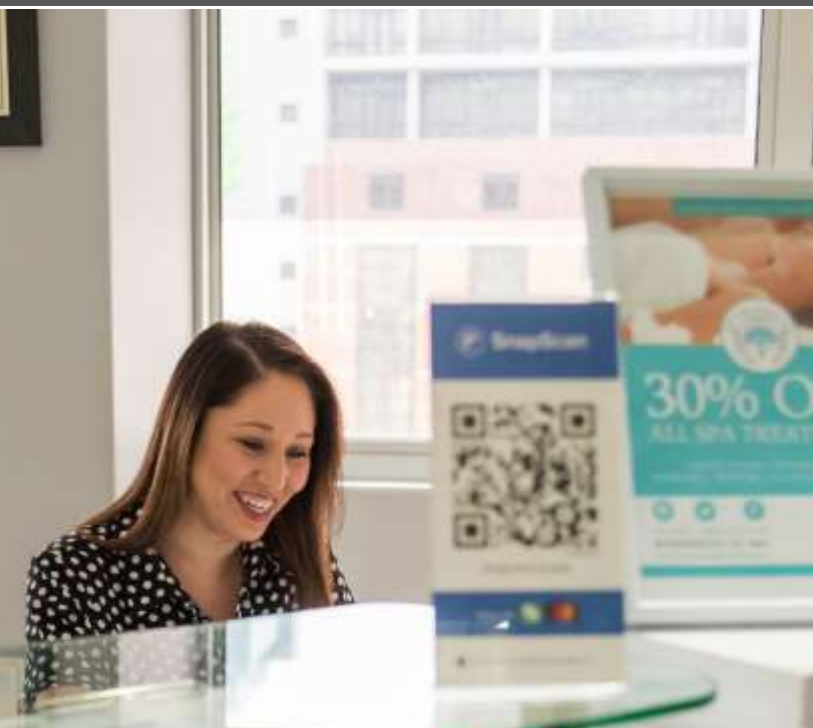
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It is through the process of accreditation as an accredited provider and the maintenance of an active Quality Assurance Mechanism that we will be able to achieve our objective in meeting the above vision and mission statement

It is our firm belief that our vision will be achieved by supporting high quality skilled based education and training that will achieve and ensure economic and employment growth within our sector. It is therefore the duty of all stakeholders to be aware of our strategy and to ensure that this information has been read and understood.

It is also required of you, as a value added member of this organization/institution, to ensure that as you become aware of methods and means to improve the quality of our delivery programmes, you will document and new policies and or procedures that have, as yet, not been documented and forward these to the principal for approval and inclusion into the master system

Participation, total commitment, and conformation towards a quality assurance programme by all stakeholders will be deemed non -negotiable.



POLICIES

LANGUAGE POLICY

All correspondence, tuition, meeting etc. are to be in English. Examinations, assessments, and assignments will be in English due to the International requirements.

As the majority of **International Academy of Health and Skincare** staff will also be fluent in Afrikaans, **International Academy of Health and Skin Care** will also accommodate Afrikaans in the instructional program where feasible.

The aim of the policy is to establish the prime language of presentation & correspondence, for all staff and **International Academy of Health and Skincare** entrants.

This does not however mean that **International Academy of Health and Skincare** will not support the learners by also presenting material in their language where possible to assist with the learning process. Learners may also ask for assistance & translations with words or concepts during written assessments. The assistance may be refused however if the assistance is deemed to be providing an unfair advantage over other learners or giving the answer in the question paper.

ADMISSION POLICY

The learner entry is benchmarked against all those Universities of Technology, Colleges and University level higher education institutions requiring grade 12 for examination exemption in the case of diploma courses at NQF level 6. In the case of enrolment in the NQF level 4-certification courses, grade 9 is required. In all cases literacy, numeracy and other unit standard prerequisites are taken into consideration and prospective learners are duly advised.

SUPPORT & GUIDANCE POLICY

There are fully equipped support systems, such as to ensure the learner is supported not only administratively, but also by way of study guidance, including tutor lessons, contact sessions and personal visits. If learners experience problems with academic work, lecturers and mentors are available to address the issue. Classes are kept small. A limit of between 10 and 15 learners have been set. Lecturers follow an "open door" policy and learners can see lecturers by appointment. If learners did not perform to standards, learners are debriefed after assessment in an assistance program is agreed upon. This may include additional tuition or additional reading material or additional practical work tasks to develop understanding

POLICIES

SPECIAL NEEDS AND DISABILITY POLICY

If possible, learners are expected to anticipate their need for special allowances and enter into discussion with **The International Academy of Health and Skin Care** to make the necessary arrangements.

A request for special consideration may apply to, but is not necessarily limited to, those learners who are ill or who face major personal crises such as bereavement; or are affected by a disability.

The Purpose of the policy is to give learners an opportunity to confidentially disclose their disabilities and receive support from **International Academy of Health and Skin Care** in the course of their studies and over examinations\ tests so that they may successfully complete their studies.



FINANCE

All fees and charges are payable in South African Rand prior to commencement of the course in accordance with **The International Academy of Health & Skin Care's** current at the date of commencement of the course. **The International Academy of Health & Skin Care** reserves the right to recover from the learner, examination fees and charges, on services provided by **The International Academy of Health & Skin Care**

EQUAL OPPORTUNITIES POLICY

The International Academy of Health & Skin Care subscribes to a policy of equal opportunity. We believe that commitment to principles of fairness and respect for all helps create a climate that is favourable to the free and open exchange of ideas, and **The International Academy of Health and Skin Care** seeks to reach out as widely as possible in order to attract individuals as learners and staff. For these reasons, decisions concerning admission to **The International Academy of Health and Skin Care** as well as employment decisions are made based on an individual's qualifications to contribute to meeting **The International Academy of Health and Skin Care's** educational objectives and its institutional needs.

HOW TO APPLY

Prospective students can start their application process either by completing a manual application or electronic application. Either of the methods is acceptable for a manual application and detailed application form can be found at the end of this prospectus.

Our online Application Platform is truly amazing, and it makes the entire process so easy and you will be a registered student in no time at all.

[APPLY ONLINE](#)

Please take special note: Admission is subject to a personal interview and candidates must meet the requirements for admission and registration as outlined in this prospectus. When transferring from other Institutions a Recognition of Prior Learning (RPL) process is followed. Please contact your student advisor for more details on this process.

Documents you will need to apply:

- Certified copy of identity document
- Certified copy of Grade 12 Certificate or National Senior Certificate (NSC) or equivalent qualification.
- Certified copy of academic records / transcripts from any other Institution

COURSE FEES ARE AVAILABLE FROM YOUR CONSULTANT



REGISTRATION & ACCREDITATION

Company Registration Number:
2004/008248/07

Quality Assurance (QAP):
South-African Association of Health and Skincare Professionals (SAAHSP)

Registration Authority:
South African Qualifications Authority

(SAQA) ID no.: 58310 (NQF Level 06)

Membership:
CIDESCO
SAAHSP
ITEC

CAMPUS

Physical address

Unit 401, 4th Floor

80 Strand Street, De Waterkant, Cape Town

Postal Address

P.O. Box 6342, Roggebaai, 8012



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The International Academy of Health and Skincare is the trusted name in
Health and Skin Care Therapy Training

internationalacademy.co.za



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